

# WHO News



**December 2018** (sixth edition for 2018)

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## WHO Year in Retrospect

**Where to start? WHO had a great 2018 capped off by winning the trophy for ONSW Club of the year. Thank you to all our members.**

### Selected Highlights

- Winning the Orienteering NSW 2018 Club of the Year.
- Passing the 100 members milestone. WHO now has 110 members (51% growth in 18 months and 19% over the last 12 months) and is the fourth largest club in NSW.
- At the Australian Championships at Adelaide in September, Lynn Dabbs won the Australian Long Distance W65A class and was a member of the winning W65 relay team. Niamh Cassar was first Australian at the Australian Schools Sprint Championships in the Junior Girls class.
- The WHO Division 5 team won the Metro League.
- Six NSW Sprint Championships (Karen Langan, Savanna Sweeney, Jacinta Braidwood, Paul Sweeney, Niamh Cassar and James McQuillan).
- NSW Long and Middle Distance Championships, Savanna Sweeney and Lachlan Coady won their age groups in both events. Niamh Cassar, Belinda Kinneally, Robert Bradley won middle distance events and Lynn Dabbs, Nerise McQuillan and James McQuillan won long distance events. On the State League inter-club table WHO leapt from 7th last year to 4th this year with six members winning their SL classes.
- WHO juniors who collected eight 2018 ONSW Awards at the ONSW presentations.
- Niamh Cassar was selected in the NSW Schools Team (The Carbines)
- WHO members delivered quality local events and assisted with even more.
- Bold Horizons launched the Hills District SOS with WHO support and achieved a high of 106 at the North Rocks PS event.
- June Sydney West Schools events had record entries.
- Turkey Trot had over 100 entries
- WHO had its 35th birthday.
- Marion Gledhill was recognised in the National Honours list
- Janet Morris and Barry Hanlon received WHO Life Membership.
- Delivered a successful 2018 NSW Schools Championships at Wianamatta with excellent courses and seamless delivery.
- The WHO Cup was well supported. The Chris Crane Cup for the winner of the handicap event was won by Tim Perry, the fastest female by Niamh Cassar and fastest male by James McQuillan.

What a list! Congratulations to everyone on a set of outstanding achievements.

A special thank you to the Executive, Committee, role and of ice holders for your guidance of the WHO and to all WHO members for contributing to a successful 2018.

### Looking ahead to 2019

WHO has taken on a significant challenge next May to deliver the NSW Middle and Long Distance Championships which are also rounds of the National Orienteering League. We look forward to hosting the Australian orienteering community at Roseberg and Wyangala.

Our goals for 2019 include further junior development, continued growth in the WHO membership and enjoyable events.

We have new members on the committee which helps maintain the energy and enthusiasm driving the club. Please consider how you can assist.

WHO plan to again field Metro League teams in each division. The Metro League is an opportunity for increased social interaction where we WHO members can get together.

We have nominated to host a Metro League in September and the Turkey Trot at The Ponds on the first Sunday in July. The SOS will return to the Hills area for Terms 2 and 3 and we anticipate further growth in the June schools events.

A busy year awaits.

Best wishes for an enjoyable year's orienteering.

Ian Miller, President

## WHO Cup and AGM - November 17<sup>th</sup>

A highlight of the WHO year is the annual WHO Cup held this year at the Lizard Log area of Western Sydney Regional Park and well supported by members. Thank you, Janet and Barry for organizing the event.

The WHO Cup has a 24 year history with many quality winners. We can now add three more worthy names to the trophies. For most of us the main target is to win the handicap and the prestigious Chris Crane Trophy. This trophy requires the winner to excel on the day by completing the WHO Cup course significantly faster than their usual standard. Tim Perry was this year's Chris Crane Trophy winner, while Niamh Cassar won the fastest female and James McQuillan the fastest male. Thanks to Janet for setting the courses and putting out controls.

Photos on Pages 15 to 17, results immediately below.

**Courses** - Long - 5.3k - Short - 2.9k - Mini - 1.3k

### Short Course

Name	Time
1. Ezra Osterhof	38:09
2. Nerise McQuillan	46:44

- |                      |       |
|----------------------|-------|
| 3. Joel Springer     | 51:58 |
| 4. Barry Pearce      | 53:25 |
| 4. Jacinta Braidwood | 54:21 |
| 5. Barry Hanlon      | 57:54 |

### Long Course

Name	Time
<b>1. James McQuillan</b>	<b>39:07 (Fastest Male)</b>
2. Dan Smith	42:31
<b>3. Niamh Cassar</b>	<b>51:16 (Fastest Female)</b>
4. Tim Perry	51:35
5. Josh Braidwood	54:47
6. Steve Dunlop	66.06
7. Karen Langan	72:37
8. Martine Valais	77:46
9. Steve Holloway	93:00
10. Ian Miller	Mispunched

### **Handicap (Chris Crane Cup)**

Name	Km Rate
<b>1. Tim Perry</b>	<b>3:39</b>
2. Dan Smith	4:25
3. Ezra Osterhof	S4:40

The WHO Cup was followed by food and then the AGM. The Annual report is available on the club web site.

The AGM preparation was ably completed by Steve Holloway and Graeme Hill. Steve and Graeme stepped down from their roles as Secretary and Treasurer and the President thanked them for their service and contributions to WHO. Maureen Fitzpatrick was elected Secretary with Matt Hackett the new Treasurer. James McQuillan is taking on the new role of Development Of icer and Josh Braidwood is the Club Captain. The other area of interest at the AGM was the Financial Report. Graeme Hill's report noted that though we had budgeted for a small loss and had achieved a surplus. The result is that the club is in good financial shape and ready to take on the challenges of 2019. Congratulations to all role holders for the upcoming year. The 2018-2019 role holders are:

## OFFICE BEARERS FOR 2018-2019

### EXECUTIVE OFFICERS

<b>President</b>	Ian Miller
<b>Vice President/Event Co-ordinator</b>	Steve Dunlop
<b>Secretary/Public Of cer</b>	Maureen Fitzpatrick
<b>Treasurer</b>	Matt Hackett

## OTHER ROLES

<b>Development Of icer</b>	James McQuillan
<b>Club Captain</b>	Josh Braidwood
<b>Mapping Of cer</b>	Janet Morris
<b>Equipment Of icer</b>	Steve Dunlop
<b>E-News Letter</b>	Ian Miller
<b>Statistician</b>	Barry Pearce
<b>Delegates To ONSW</b>	James McQuillan, Steve Dunlop, Ian
<b>Web Master</b>	Barry Hanlon
<b>IT Support</b>	Tim Perry
<b>Public Of cer</b>	Maureen Fitzpatrick

## WELCOME TO OUR NEW MEMBERS

We have a number of new members since the last newsletter. A very warm welcome to the WHO team to Deb Walsham, Will and Sam Kay, Mark Wigley, Joshua Dyball and Kimberley Olsen plus Alexander, Emma, Finbar and Maiah from the Duffy/Brown family. As new members you qualify for a blue WHO shirt so please make yourself known at your next event.

**WHO membership total is now 110 !**

Growth comes mostly from word of mouth. Do you know anyone who should be a WHO member?

## CONGRATULATIONS

to Niamh Cassar and Lynn Dabbs on their successes at the Australian Championships Carnival.

## SOS in 2019

The Bold Horizons team will be back with SOS in 2019. The Hills Districts program for Terms 2 and 3 hasn't been announced. The Term 1 program is:

<b>2019 Date</b>	<b>Event</b>	<b>Map / Venue</b>	<b>Organiser</b>
Sat 2 Feb	SOS Hills Term 1 #1	North Sydney Boys High School	Bold Horizons
Sat 9 Feb	SOS Hills Term 1 #2	Turrumurra High School	Bold Horizons
Sat 16 Feb	SOS Hills Term 1 #3	Normanhurst Boys High School	Bold Horizons
Sat 23 Feb	SOS Hills Term 1 #4	Pennant Hills High School	Bold Horizons
Sat 2 Mar	SOS Hills Term 1 #5	Killarney Heights High School	Bold Horizons
Sat 9 Mar	SOS Hills Term 1 #6	Northern Beaches Secondary College - Cromer Campus	Bold Horizons

## NEXT WHO EVENT

For more details see our web site [who.orienteering.asn.au](http://who.orienteering.asn.au) or Eventor at <http://eventor.orienteering.asn.au/Events>

Date	Event	Map / Venue	Organiser	Setter / Planner	Event Director
Sun 6 Jan	Second WOS WHO event	Beaumont Hills (new map)	Matt Hackett 0422 935 545	Karen Langan	Janet Morris

This is the fourth event in the Western Orienteering Series season. Starts are from 9:00am to 10:30am. More information on Eventor.

## 18/19 May 2019 - A key date for your diary

On the weekend of May 18 and 19 next year WHO will be delivering the 2019 NSW Championships. The Middle Distance Championships are on Saturday May 18 at Wyangala and the Long Distance Championships at Roseberg on Sunday May 19. Planning and mapping is underway. If you are available to help, please let James McQuillan know. This is an opportunity to be involved with top flight orienteering and to enjoy an autumn weekend in Central NSW. See flyer later on in this newsletter.



Between Bathurst and Cowa, this unmissable Championship weekend includes WOC selection trial and NOL Ultra-Long.

WHO is hosting this premier double header weekend and the more WHO participants and volunteers the better!

Wyangala Waters Holiday Park is on the edge of the Middle Distance map. All accommodation (cabins, cottages, bungalows; approx 100 beds) has been reserved for orienteers. Caravan and tent sites are also available. Plan your weekend now before this option is advertised!

### Sat 18<sup>th</sup> May 2019 – Middle @ Wyangala



Last used for QBIII in 1991 and currently being remapped. This unique terrain now includes areas of young cypress pine, creating variation in visibility amongst the granite boulders.

### Sun 19<sup>th</sup> May 2019 – Long @ Willagalong

Open eucalypt scrubby terrain and areas of mature pine forests with a scattering of granite outcrops, minor watercourses and termite mounds, a map with it all! Last used for the Australian Schools Long Champs in 2017.



ORIENTEERING NSW

For more information:  
[who.orienteering.asn.au/NSWChamps](http://who.orienteering.asn.au/NSWChamps)

## Have you been Rogaining?

Rogaining is similar to long distance orienteering. Maps are usually 1:15,000 above. The maximum time allowed can be between 3 hours and 24 hours and the participants cover large distances. It is a score course and you accumulate points by visiting each control. The points vary as they do in orienteering and you decide how long you want to take though if you are late back points are deducted. Events are held about 4 times per year usually within 2 hours drive of Sydney.

Graeme Hill, Emmanuelle Convert, Robyn and Steve Dunlop recently completed in the recent "Socialgaine" which this year was a 4 hour or 8 hour event held at Berowra.

Graeme's report is followed by brief comments from Steve.

"As I see we had yesterday's Socialgaine on our programme and there were very few WHO members who participated, I thought you might like to hear a brief summary of how the event went, especially with the new four hours or 8 hours format.

Tristan White set the courses and organised the event for NSW Rogaining. He did a fantastic job. The event centre was the Berowra Community Hall, an ideal assembly area with ample facilities. There wasn't even a queue at the loos!

The map covered a large area, with Cowan and Jerusalem Bay to the north, Mt. Kuringai to the south, Waratah Bay and Cowan Creek to the east and Berowra Waters and Crosslands Reserve/ Hornsby Heights to the west. Tristan had 2500 points on offer, but as you can imagine with such a large area in very steep and rocky terrain, no one got close to clearing the course. The best score was 1560 points by Brian Brannigan and Ivan Alphabet followed closely by a group with Mounty, Bart Vonhof and Olivier Lauren with 1550. You were allowed to catch the train between Berowra and Cowan and Mount Kuringai and the ferry across the other side of Berowra Waters (but you had to time your route properly as there was up to an hour gap in the train service).

Regarding the formats, I think the four hour event was more popular than the 8 hour, but the experiment was interesting. I think I'd prefer they revert to the 6 hour format for everyone in the future but it will be interesting to hear other comments.

I think the only other WHO participant was Emmanuelle Convert. She walked with Nicole Mealing and did really well.

Oh, and the weather was magical and (most) of the controls were easy to find. Was even one floating in chest deep water on a boat wreck at high tide. Mardi and John Barnes had to wade out to it but the tide had receded by the time Anne and I got there and we didn't get our feet wet.

All in all, a lovely day to spend a Sunday."

“Robyn and I did the 4 hour, we had a great time, and your comments on the day are spot on. We didn't get to wade out! We're some interesting route choices, esp using the train

For the less fit the 4 hour was good, maybe able to attract more groups?

Even feel good today!”

Steve

## WHO 2019 SUMMER EVENTS

It will be another busy summer. WHO's summer program is in place.

<u>2019 Date</u>	<u>Event</u>	<u>Map / Venue</u>	<u>Organiser</u>	<u>Setter / Planner</u>	<u>Event Director</u>
Sun 6 Jan	Second WOS WHO event	Beaumont Hills (new map)	Matt Hackett 0422 935 545	Karen Langan	Janet Morris
Sun 20 Jan	Third WOS WHO event	Rouse Hill Regional Park	Janet Morris, 0439 919 569	Steve Dunlop	Ian Miller
Wed 6 Feb	3rd WHO SSS event	James Ruse - Richie Benaud Oval	Karen Langan 0402 049 987	Steve Holloway	James McQuillan
Sun 24 Feb	Sprint	Fred Caterson Reserve	Maureen Fitzpatrick 0428 261 350	Ted Mulherin	Robert Bradley
Wed 13 Mar	4th WHO SSS event	East Killara	Maureen Fitzpatrick 0428 261 350	Martin Mansfield & David Noble	Steve Dunlop

## FROM THE EDITOR

This is the sixth edition for 2018. The plan was to have an October/November edition but the editor over-committed and missed the deadline. He tenders his apologies.

Any errors are unintentional. We want to make the newsletter interesting. Can we add something interesting to the newsletter? Do you have an idea for an article? A photo or two? Please send all contributions to Ian Miller. Articles and photos in this edition were contributed by Graeme Hill, Steve Dunlop, Barry Hanlon, Nerise and James McQuillan, Shelley Cassar and Ian Miller. Thank you.

All feedback is welcome especially suggestions for new WHO activities, stories and comments on the content or improvements to the newsletter. The next newsletter is planned for February. Hope you enjoy this edition  
Ian Miller, Editor



## WESTERN SUMMER ORIENTEERING SERIES

WSOS was launched last Sunday morning at Upjohn Park. Josh Braidwood was the organiser, Janet set the courses with Matt Hackett the Event Director and Dmitry operating the computer. An excellent roll up of 78 enjoyed the courses around the parks and creeks. The results are below. Thank you to all the helpers and great to get another series underway. The December 12<sup>th</sup> event is at Parramatta. Check Eventor for the details.

### Members of WHO's winning Division 5 team





## NEW WHO SLOGAN FOR 2019

**VENI VIDI VICI. I came, I saw, I contoured !**

## REMINDERS

### **XMAS 5 DAYS - Thursday December 27<sup>TH</sup> to Monday December 31<sup>ST</sup>**

Have you entered ? Entries are [open!](#) Tick the box in Eventor for each day you wish to enter. Important information for Day 1: SSS season ticket holders should enter the event, then choose 'Junior or Senior season ticket discount' from the 'Available Services' drop down box and click 'Add' to get the season ticket discount. Everyone else will pay the X5D entry fee.

**Entries close at midnight on Tuesday 18th December.**

### **2019 ONSW MEMBERSHIP is open for renewals**

If you joined on or after 1<sup>st</sup> September your membership is already paid for 2019.

### **ACTIVE KIDS**

If you've created an Active Kids voucher don't forget to **use it before 31 December 2018**. It's \$100 towards sport, fitness and active recreation for your kids. Using your voucher is easy: find a registered Active Kids provider on the Service NSW website and simply present your voucher when registering.

Did you know parents and carers can apply for a new Active Kids voucher every year until 2021?

## WHO O TOPS

You will have noticed the great looking WHO O tops at events. The minimum order quantity is five, so if you want to order a top please let Nerise McQuillan know ([nerise@gmail.com](mailto:nerise@gmail.com)).

## CLUB DIRECTORY

**President** - Ian Miller 0429 937 513 Email: [millerian33@gmail.com](mailto:millerian33@gmail.com)

**Secretary** – Maureen Fitzpatrick 0428 261 350 Email: [mozzafitz@yahoo.com](mailto:mozzafitz@yahoo.com)

**Treasurer** – Matt Hackett 0422 935 545 Email: [hackettmatt@yahoo.com.au](mailto:hackettmatt@yahoo.com.au)

**Vice President and Equipment Officer** – Steve Dunlop 0407 269 892

**Club Captain** – Josh Braidwood 0400 305 818

**Mapping Officer** - Janet Morris 9872 2914

## CLUB DISCUSSIONS

At the December WHO meeting the following items were discussed. If you want to know more or want to make a comment please see a member of WHO's Executive team.

**Past Events** – The organizer of each event reports on lessons learned and issues encountered. Thank you to the members who helped at the events.

**Upcoming 2019 Events** – Planning for the NSW Championships (May 18/19) is underway. Western Summer series events are scheduled for January 6 and 20 with the next WHO Wednesday event on February 6. Hills District SOS will be back for terms 2 and 3. Locations under discussion.

**Mapping** – Caddies Creek map is ready for January 6 event. Mulgoa has had a fire and is much improved. The improvements to Caddies Creek Reserve have been completed and maps will be updated. Sprint maps are being created for Eric Mobbs Reserve and Ted Horwood Reserves.

**ONSW** – President's meeting was held November 24<sup>th</sup>. Minutes not yet received.

## DID YOU KNOW?

**WHO TRAGICS** – In the twelve months to September 31<sup>st</sup>, Janet Morris competed in 66 events. James McQuillan was a close second with 60 and Ted made the top three with 41 events completed. In fourth equal were Niamh Cassar and Steve Dunlop with 39 events.

**WHO BLUE POLO SHIRTS** – Let Ian Miller know if you need a new one or if you are a new member and haven't received one yet.

### KIDS WHO SHIRTS ARE ALSO AVAILABLE

**If you can fit into children's sizes 1 to 7 then these are for you.**

Nerise McQuillan designed the WHO kids' t-shirts and they are now available in sizes 1 to 7. Free to anyone who can fit into these sizes. Contact Ian Miller.

### Do you have a concern that hasn't been addressed ?

If you have a complaint or a concern ONSW has someone you can talk to. Lisa Lampe and Adrienne Kirby are ONSW Members Protection Oficers. They can be contacted via email on [mpio1@onsw.asn.au](mailto:mpio1@onsw.asn.au) or [mpio2@onsw.asn.au](mailto:mpio2@onsw.asn.au)

### Watch out for new and improved maps

More new maps are under-development by the dynamic duo (Barry Hanlon and Janet Morris). Two more areas in Sydney suburbs have been reserved for WHO and mapping has commenced.

### Where to find WHO on the Internet

**WHO web site.** <http://who.orienteering.asn.au/> The WHO web site is updated regularly. An important news source between newsletters. Barry Hanlon is looking for articles of interest to

WHO members.

**WHO Facebook Page** - Real time results, the latest news, more photographs and other good WHO stuff. Contact James McQuillan if you have an item of interest.

[https://www.facebook.com/permalink.php?story\\_fbid=1069259263137830&id=363738563689907](https://www.facebook.com/permalink.php?story_fbid=1069259263137830&id=363738563689907)

## UPCOMING NSW EVENTS

**SSS** - Dec 5 at Birchgrove, Dec 12 at Annandale. Dec 19 at Clifton Gardens, Dec 27 at Milsons Point (Note Dec 27 is a Thursday and the SSS event is also Day 1 of the Xmas 5 Days)

**Western Sydney O Series** - Dec 9 at Parramatta, Dec 16 at Ermington Jan 6 at Beaumont Hills

**Xmas 5 Days** - Dec 27 at Milsons Point, Dec 28 at Centennial Park, Dec 29 at Beacon Hill, Dec 30 at Manly, Dec 31 at Sydney Uni

For more details see Eventor at <http://eventor.orienteering.asn.au/Events>

## WHO STATE LEAGUE POINT SCORE 2018

WHO was the 4th ranked club with 632 points. (WHO were 7<sup>th</sup> last year). WHO members won 6 classes with a further 5 on podiums. Congratulations to all our State League achievers.

**M10A** - Lachlan Coady 3rd with 400 points

**M12A** - Ivan Stukov 14th with 10 points

**M14A** – Seth Sweeney 4th with 579 points

**M16A** – Selwyn Sweeney 6th with 442 points

**M21A** – James Dunlop 36th with 68 points

**M21AS** – James Dunlop 9th with 196 points

**M Open B** – Paul Sweeney 1st with 933 points

**M35A** – James McQuillan 1st with 900 points

**M35AS** – Dan Smith 5th with 385 points

**M40A** – Matt Hackett 3rd with 430 points

**M40A** – Lee Coady 6th with 334 points

**M45A** – Josh Braidwood 17th with 164 points

**M45A** - Paul Sweeney 26th with 40 points

**M45A** – Matt Hackett 28th with 11 points

**M45AS** – Robert Bradley 3rd with 857 points

**M55A** – Tim Perry 23rd with 124 points

**M65AS** – Steve Dunlop 5th with 200 points

**M75A** – Ted Mulherin 15th with 172 points

**M80A** – Barry Hanlon is 1st with 776 points

**W10A** – Savanna Sweeney 1st with 991 points

**W12A** – Savanna Sweeney 7th with 104 points

**W12A** – Jacinta Braidwood 9th with 46 points

**W14A** - Yekaterina Stukov 12th with 100 points

**W16A** – Naimh Cassar 1st with 872 points

**W Open B** – Karen Langan 10th with 200 points

**W35A** – Belinda Kinneally 4th with 205 points

**W35AS** – Nerise McQuillan 2nd with 821 points

**W45A** – Saffron Sweeney 8th with 208 points

**W45AS** – Maureen Fitzpatrick 6th with 452 points

**W45AS** – Saffron Sweeney 9th with 192 points

**W65A** – Lynn Dabbs 2nd with 872 points

**W75A** – Janet Morris 7th with 135 points

**W80A** – Janet Morris 1st with 700 points

**M45AS** - Dmitry Stukov 10th with 142 points

**M65A** – Steve Dunlop 25th with 130 points

**M70A** – Kevin Williams 11th with 312 points

**M75A** - Barry Pearce 19<sup>th</sup> with 70 points

The full point score list can be found at <https://www.onsw.asn.au/state-league-results>

## CLUB CHAMPIONSHIP POINT SCORE

Compiled by Barry Pearce. As at 30<sup>th</sup> September.

Name	Events	Score	Name	Events	Score
James McQuillan	60	8160	Savanna Sweeney	27	2060
Josh Braidwood	25	7940	Gary Farebrother	4	1820
Karen Langan	29	7392	Marion Gledhill	26	1760
Ted Mulherin	41	6660	Kevin Williams	13	1674
Steve Holloway	33	6308	Sylvie Valais	9	1560
Steve Dunlop	39	5988	Lachlan Coady	9	1536
Malcolm Gledhill	32	5814	Robert Bradley	22	1520
Linda Chan	21	5776	Barry Pearce	22	1480
Niamh Cassar	39	5560	Jay Seeho	5	1360
Tm Perry	29	5480	Reinaldo Hora	3	1230
Matt Hackett	31	5460	Andy Vesey-Wells	10	1200
Janet Morris	66	5300	David Noble	4	1060
Vivien de Remy de Courcelles	24	5292	Justine Convert	6	1040
Nerise McQuillan	27	4992	Lynn Dabbs	13	990
Graeme Hill	29	4824	James Dunlop	5	900
Selwyn Sweeney	36	4722	Maureen Fitzpatrick	21	860
Andy Hill	37	4584	Taine Cassar	5	760
Emmanuelle Convert	24	4410	James Braidwood	3	720
Martin Mansfield	30	4176	Aurelie Valais	3	680
Ian Miller	39	4140	Benny Holmgren	4	620
Shay Sweeney	26	3902	Aiden McQuillan	6	620
Paul Sweeney	34	3836	Elliott McQuillan	7	620
Amy Harmer	7	3510	Ben Fehlberg	4	480
Dan Smith	18	3400	Janice Seeho	1	320
Seth Sweeney	34	3222	Paul Cassar	1	280
Barry Hanlon	36	3000	Zachary Farebrother	4	260
Saffron Sweeney	27	3000	Madelynne Chan	2	240
Jacinta Braidwood	16	2960	Ivan Stukov	2	220
Martine Valais	11	2940	Robyn Dunlop	3	160

Helen Parker	20	2904	James Langan	3	108
John Murray	14	2900	Cameron Chan	3	70
Maria Stankova	6	2610	Katya Stukov	1	60
Belinda Kinneally	14	2268	Joel Cassar	1	40
Anette Larsson	4	2240	Emily Farebrother	1	40
Stephanie Chan	15	2180	Yekatrina Stukov	1	40
Lee Coady	10	2140	Jodie Farebrother	1	20
Dmitry Stukov	7	2100			

## RESULTS

### AUSTRALIAN CHAMPIONSHIPS WHO results:

Name	Class, Place + Time	Class, Place + Time	Class, Place + Time
<b>Niamh Cassar</b> <b>Lynn Dabbs</b>	<b>Australian Middle Chs</b> W16A – 10th 36:53	<b>Australian Relay Chs</b> W16 – 6th 62:30	<b>Australian Sprint Chs</b> W16A – 7th 14:01
	W65A – 3rd 28:40	W65 – 1st 39:29	
<b>Kevin Williams</b>	M70A – 19th 38:42	M55+AS – 4th 51:07	
	<b>Australian Schools Sprint Chs</b>	<b>Australian Schools Long Chs</b>	<b>Australian Schools Relay Chs</b>
<b>Niamh Cassar</b>	Junior Girls – 2nd 17:42 (1 <sup>st</sup> Australian)	Junior Girls – 24th 49:19	Junior Girls – 5th 45:22
	<b>Australian Long Chs</b>	<b>South Australian Middle Chs</b>	
<b>Niamh Cassar</b> <b>Lynn Dabbs</b> <b>Kevin Williams</b>	W16A – 22nd 45:05 W65A – 1st 42:09 M55AS – 3rd 43:58	DNS W65 – 6th 45:51 M70A – 189th 42:02	

## NSW STATE LEAGUE #15 + #16 – Sept 22/23 WHO Results

SL#15 at Mt Sugarloaf. SL#14 at Kitchener. Organising club - Newcastle.

Name	Class	SL#15 Middle	Class	SL#16 Long
Shay Sweeney	M/W10N	Completed	M/W10N	Completed
Savanna Sweeney	W12A	2nd – 35:41	W12A	5th – 46:37
Jacinta Braidwood	W12A	4th – 80:30		
Nerise McQuillan	W35AS	2nd – 46:16		
Saffron Sweeney	W45A	2nd – 78:28	W45A	3rd – 141:41
Maureen Fitzpatrick	W45AS	5th – 72:23	W45AS	4th – 85:09
Janet Morris	W80A	1st – 44:56	W80A	2nd – 65:43
Seth Sweeney	M14A	3rd – 41:11	M14A	3rd – 66:30
Aiden McQuillan	EOD/VE	4th – 57:41		
Selwyn Sweeney	M16A	3rd – 39:51	M16A	4th – 54:32
James McQuillan	M35A	1st – 55:26		
Josh Braidwood	M45A	4th – 59:09		
Paul Sweeney	M45A	6th – 114:07	M45A	8th – 114:27
Robert Bradley	M45AS	2nd – 35:22	M45AS	2nd – 58:31
Barry Hanlon	M80A	1st – 44:12	M80A	1st – 43:54

## WESTERN SUMMERS SERIES #1 – Dec 2 WHO Results

Name	Course	Result	Name	Course	Result
James McQuillan	Long	1st – 30:51	Niamh Cassar	Short	2nd – 16:53
Niamh Cassar	Long	3rd – 36:51	Will Kay	Short	3rd – 18:35
John Murray	Long	10th – 49:00	Malcolm Gledhill	Short	7th – 26:51
Steve Dunlop	Long	12th – 50:49	Ian Miller	Short	8th – 28:51
Helen Parker	Long	14th – 53:14	Barry Pearce	Short	15th – 36:04
Madelynn Chan	Long	18th – 56:11	Barry Hanlon	Short	17th – 40:12
Cameron Chan	Long	19th – 57:51	Andy Vesey-Wells	Short	18th – 43:20
Steve Holloway	Long	22nd – 61:48			
Linda Chan	Long	29th – 83:37	Jacinta Braidwood	Mini	1st – 14:49
Matt Hackett	Long	Mispunched	Elliot McQuillan	Mini	4th – 31:00
Karen Langan	Long	Mispunched	Aiden McQuillan	Mini	5th – 31:30
Dan Smith	Score	230 points			
Yvonne Fillery	Score	110 points			

**4hr/8hr Socialgaine – Nov 25th** The 2018 Socialgaine was held at Berowra. WHO was represented by Emmanuelle Convert, Graeme Hill, Robyn and Steve Dunlop.

Names	Points	Overall Place	Class
<b>8 HOUR COURSE</b>			
Emmanuelle Convert + Nicole Mealing	1020	28th	3rd in Overall Women
Graeme Hill + Anne Newman	1000	29th	10th in Mixed, 4th Mixed Veterans, 1st Mixed Special Veterans
<b>4 HOUR COURSE</b>			
Robyn + Steve Dunlop	400	46th	24th in Mixed.

## 2018 WHO Cup Photos

Club Champion  
James McQuillan



Hank Van Oost Trophy  
Graeme Hill





## Chris Crane Cup – Tim Perry



## Fastest Female

- Niamh Cassar



## Fastest Male – James McQuillan

